



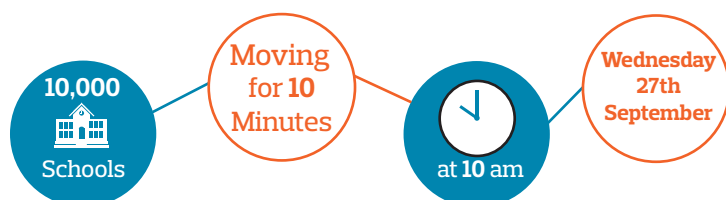
National Fitness Day 2017

Wednesday 27th September

Register your school today!

National Fitness Day is back for 2017 and gives you the platform to promote your brand and create a buzz, all while celebrating the fun of fitness and getting the nation moving.

This year we aim on getting...



Be part of the 10,000

You can help schools achieve their most active day of the year and get a record number of people across the UK moving to celebrate the fun of fitness!

How to get involved

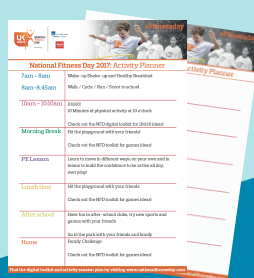
Decide what you will do for National Fitness Day

- 1) Register your school at www.nationalfitnessday/register to promote to the public when the activity finder goes live!
- 2) Closer to the day itself you'll be able to download the **FREE** National Fitness Day toolkit
- 3) Use the toolkit to plan your day
- 4) Have lots of fun!

Some examples of what the toolkit includes:



Activity Day Planner!



Assembly Presentation!



Pop Quiz!

Move 60!

and more!

Register your school: www.nationalfitnessday.com/register